



MIXED MARTIAL ARTS
TAMILNADU FEDERATION

JUNIOR & SENIOR · CHENNAI (TAMILNADU)

STATE **MMA** CHAMPIONSHIPS 2026

PARTICIPANT HANDBOOK

DATE

31 Oct & 1 Nov 2026

COMPETITION VENUE

**Combat Kinetics, 2nd Floor, Dewa, Tower-1,
Anna Salai, Chennai**



01 GENERAL INFORMATION

ORGANISER**Mixed Martial Arts
Tamilnadu Federation****HOST****Mixed Martial Arts
Tamilnadu Federation****DATE****31st October and 1st
November 2026****COMPETITION VENUE**

Combat Kinetics, 2nd Floor, Dewa, Tower-1, Anna Salai, Chennai

NEAREST METRO

LIC and Thousand Lights

DISTRICT REPRESENTATIVES

S.NO	DISTRICT	REPRESENTATIVE	CONTACT NUMBER
1	Chennai	Sakthivel	6379408263
2	Chengalpattu	Udhayakumar	8825738291
3	Thiruvallur	Bishnu	7299707354
4	Kanchipuram	Sarath	9361882848
5	Coimbatore	Prithwin	9566009508
6	Ramanathapuram	Omar	8220678104
7	Sivagangai	Vishwahari	6379408263
8	Salem	Jagadeeshwaran	7639066130
9	Trichy	Sakthivel	6379408263
10	Erode	Dharanidharan	7358063632
11	Cuddalore	Karunakaran	8754205404
12	Ranipet	Udhayakumar	8825738291
14	Theni	Kishore Kumar	8939323152
15	Nilgiris	Roshan George	9442265189
16	Other Districts	Ashok	8428130502

02 REGISTRATION

1 Registration through District Representatives

All registrations for the State Championship must be completed through the respective District Representatives only.

2 District Representative Based on Aadhaar Address

Athletes must contact the District Representative corresponding to the address registered on their Aadhaar ID for registration.

3 Registration Fee

UP TO 16 OCTOBER

₹3,500

17 OCTOBER ONWARDS

₹4,000

4 Registration Deadline

Registration will close on 21 October. No registrations will be accepted after the deadline.

5 Submission of Hard Copies

All required documents must be submitted as hard copies during the weigh-in. Athletes must ensure that all documents are complete and ready for submission.

03 REQUIRED DOCUMENTS

ATHLETES ABOVE 18 YEARS

1. Disclaimer Form
2. Medical Form
3. Blood test report
4. Two passport-size photographs
5. Photocopy of valid ID proof

ATHLETES UNDER 18 YEARS

1. Disclaimer form (to be signed by legal guardian)
2. Medical Form
3. Two passport-size photographs
4. Photocopy of the athlete's ID proof
5. Photocopy of the parent/guardian's ID proof





04 WEIGHT CATEGORIES

MALE WEIGHT CATEGORIES

U10 8 & 9 yrs	U12 10 & 11 yrs	U14 12 & 13 yrs	U16 14 & 15 yrs
-26 kg	-30 kg	-34 kg	-46 kg
-30 kg	-34 kg	-38 kg	-50 kg
-34 kg	-38 kg	-42 kg	-54 kg
-38 kg	-42 kg	-46 kg	-58 kg
38+ kg	-46 kg	-50 kg	-62 kg
	-50 kg	-54 kg	-66 kg
	50+ kg	-58 kg	-70 kg
		-62 kg	-75 kg
		62+ kg	75+ kg

FEMALE WEIGHT CATEGORIES

U10 8 & 9 yrs	U12 10 & 11 yrs	U14 12 & 13 yrs	U16 14 & 15 yrs
-26 kg	-30 kg	-34 kg	-42 kg
-30 kg	-34 kg	-38 kg	-46 kg
-34 kg	-38 kg	-42 kg	-50 kg
-38 kg	-42 kg	-46 kg	-54 kg
38+ kg	-46 kg	-50 kg	-58 kg
	-50 kg	-54 kg	-62 kg
	50+ kg	54+ kg	62+ kg



04 WEIGHT CATEGORIES (CONTD.)

U18	16 & 17 yrs	U18	16 & 17 yrs	Seniors	Female · 18+	Seniors	Male · 18+
-47.6 kg		-43.1 kg		-47.6 kg		-52.2 kg	
-52.2 kg		-47.6 kg		-52.2 kg		-56.7 kg	
-56.7 kg		-52.2 kg		-56.7 kg		-61.2 kg	
-61.2 kg		-56.7 kg		-61.2 kg		-65.8 kg	
-65.8 kg		-61.2 kg		-65.8 kg		-70.3 kg	
-70.3 kg		-65.8 kg		-72.6 kg		-77.1 kg	
-74.9 kg		-72.6 kg		+72.6 kg		-83.9 kg	
79.4 kg		72.6+ kg				-93.0 kg	
-83.9 kg						-120.0 kg	
-93.0 kg						+120.0 kg	
+93.0 kg							

05 CONTEST TIME

For all U18 categories, the maximum duration of the bouts is as follows:

CATEGORY	BOUT DURATION
U10	2 rounds of 2 minutes
U12	2 rounds of 2 minutes
U14	2 rounds of 2 minutes
U16	2 rounds of 2 minutes
U18	3 rounds of 2 minutes

If the bout is scored a draw after 2 rounds and a winner is needed to advance to a subsequent round, there can be an extra round of 2 minutes.

Bouts at MMATN State Competitions for Seniors will be **3 rounds of 3 minutes**. The bout duration for Seniors can be shortened to 2 rounds of 3 minutes for the competition. If the bout is scored a draw after 2 rounds and a winner is needed to advance to a subsequent round, there can be an extra round of 3 minutes.



06 AGE LIMITS

SENIOR ATHLETES (MEN & WOMEN)

Must be 18 years old or above.

Age will be verified during Registration & Accreditation.

U18 ATHLETES (BOYS & GIRLS)

U10 athletes aged 8 and 9 years old

U12 athletes aged 10 and 11 years old

U14 athletes aged 12 and 13 years old

U16 athletes aged 14 and 15 years old

U18 athletes aged 16 and 17 years old

Age will be verified during Registration & Accreditation.

Note: The athletes those who are under 18 year old participating in this event, must bring / submit NOC / Undertaking from their parent / guardian.

07 CONTEST RULES

The Championships will be held on the basis of GAMMA Amateur MMA Rules and Regulations and the Sporting Code.

08 PARTICIPATION & ENTRIES

PARTICIPATION

- A. A player can play in one weight category only.
- B. Only Registered players and officials will be allowed to participate.

ENTRIES

- A. NO change or re-arrangement of players will be allowed after the entries are registered. A player who fails to qualify at any stage will be disqualified and no one else can be substituted in his/her place.
- B. Xerox copy of the age proof of EACH competitor must be attached along with the entry form.
- C. Players and Officials must bring their latest two stamp size photographs.
- D. Disqualified athletes/players will not entitled for the participation certificate.



09 WEIGH-IN

- A. A player must exactly fit into his/her weight category and cannot play in a higher or lower weight category. Each competitor shall be allowed upon the scales only once during the official weight in. If the player weighs above or below the prescribed limits of that particular weight category, he/she shall be disqualified.
- B. **No tolerance will be allowed either above or below the weight category.**
- C. Daily Weigh-in will be conducted as per the GAMMA Rules. Those who will be overweight/ lower weight/ absent will be disqualified from the Competitions.

10 CONDUCT OF MATCHES

Matches will be conducted in Single elimination format. 2 Bronze medals will be awarded for Losers of the Semi Finals.

11 AGE PROOF

The following Three (3) Original documents can be brought during the time of accreditation/ registration for acceptance as proof of age:

- A. Original Birth Certificate issued by the local Municipal Corporation/Panchayat Board or equivalent government authority/chief medical officer who is a competent authority. The DOB Certificate must be issued minimum of THREE (3) year before.
- B. Original Certificate issued by the Principal/ Headmaster of the School, mentioning Date of Birth, Father's Name and Class, where the boy/girl is studying, on official letter head of the School, with Photograph of the student and Affiliation Number issued by State Board/CBSE/Education Dept., with place of issue, duly attested. The proper address, telephone nos., fax number email Id of the School must be mentioned, in the letter head.
- C. Original Aadhar Card issued by the Government Of India.

Note: Xerox Copies of the above age proofs must be attached with Final Entry Forms and the Original documents of the same must show at the time of Accreditation for the verification.

12 MEASURES AGAINST AGE FRAUD

- A. Age verification Test Certificate under 18 years only (Juniors) must be produced by all players on demand, failing which MMATN is authorised to remove he/she from the event on the ground of Age fraud.
- B. All participants must bring his/her age verified certificate from an authorized Doctor/Panel as per the Government norms.

13 TOURNAMENT OFFICIALS

ONLY MMATN Nominated Referees & Officials will be allowed.



14 DISQUALIFICATION

- A. In case any player fail to submit the Original documents mentioned in the above Age Proof column, he/she will be disqualified.
- B. In case of any player found over-age he/she will be disqualified. In case Four or more players found over-age, the whole team will be disqualified, and face the disciplinary action by the MMATN.
- C. In case any player is disqualified at any State/Unit by any reason his/her expenses will not be borne by the Organisers.
- D. In case of any damage caused by any team member, the cost will have to be paid by the team manager before the team departs.
- E. Any player and/or official and/or team who by word, action or deed disrupts and or/interrupts the smooth and normal conduct of the Championships on or off the mat, will be liable for immediate disqualification.
- F. No Certificates will be issued to the disqualified player/s.
- G. In case of any player/s will not be available for the Anti-Dope Test soon after the bout, he/she will be disqualified from the championships/event, and to face the disciplinary action on the same.
- H. Any athlete banned due to disciplinary action/ Anti-dope Test violation etc., are not allowed to participate, will be disqualified.

15 INSURANCE

Each District Association Unit must assure all responsibility of accident/illness/ miss-happening etc. and health insurance as well as the civil liabilities for their competitors and officials during their stay in Chennai, and during their to and from journey. The MMATN & Organisers do not accept any responsibility in this regard. It is requested to make necessary insurance coverage for your team.

16 ANTI-DOPING

Doping test will be carried out in accordance with the rules, by the respective authorities. If any of the athlete/player failing to submit the sample for the same he/she will be disqualified and to face the disciplinary action.



FOR ANY FURTHER INFORMATION PLEASE CONTACT

Mr. ASHOK

VICE PRESIDENT, MMATN

Cell No. **8428130502**

Email ID: **registrations@mmatamilnadu.com**